

Food

1 Look at the photos. Then write the food words.



1 _____



2 _____



3 _____



4 _____



5 _____



6 _____



7 _____



8 _____

2 Write true sentences about the food you eat.

- 1 _____ in the morning.
- 2 _____ for dinner.
- 3 _____ at school.
- 4 _____ at the weekend.
- 5 _____ on holiday.
- 6 _____ with my friends.
- 7 _____ at the cinema.

3 Write a true short description of a day's healthy diet. What do you eat and drink?

Breakfast

In the morning I usually drink a glass of ...

Snacks

Lunch

Snacks

Dinner

Health

4 Write the opposites of these words.

unhealthy	<u>healthy</u>
1 active	_____
2 ill	_____
3 hungry	_____
4 fit	_____

5 Write a short description of an imaginary person to describe each word.

unhealthy

Julia is unhealthy. She doesn't do any exercise.

She eats a lot of cheese, pasta and chips. She doesn't eat enough fresh fruit and vegetables.

1 lazy

2 fit