

Vocabulary Unit 4

Feelings and emotions

1 Complete the word families with nouns or adjectives. Decide if the families are positive (P), negative (N) or both (B).

- 1 ____: angry ☐
- 2 annoyance: ____, annoying ☐
- 3 ____: bored, boring ☐
- 4 disgust: disgusted, ____ ☐
- 5 ____: embarrassed, embarrassing ☐
- 6 excitement: ____, exciting ☐
- 7 fear: ____, frightened, frightening ☐
- 8 ____: relaxed, relaxing ☐
- 9 stress: stressed, ____ ☐
- 10 surprise: surprised, ____ ☐
- 11 sympathy: ____ ☐
- 12 worry: ____, worrying ☐

2 Complete the advert with the correct form of the words.

What kind of mood are YOU in?

Do you want to get your favourite person a really (1) ____ gift? Why not get them an (2) ____ mood ring? These rings change colour depending on your emotions. For example, when the wearer is (3) ____ because they are in a really (4) ____ situation, the ring is orange. It changes to green when the wearer is (5) ____.

When the wearer is experiencing great (6) ____, the ring becomes dark blue. Finally, if the ring is black, the wearer is (7) ____, so it's time for you to be (8) ____!

There are lots of sites online where you can buy these rings. Why not check them out?



**SURPRISE
EXCITE**

**WORRY
STRESS**

ANNOY

RELAX

**FEAR
SYMPATHY**

Music, mood and health

3 Complete the phrasal verbs 1–7 and match them with their meanings a–g.

- 1 calm ____ _
 - 2 cheer ____ _
 - 3 sing ____ _
 - 4 slow ____ _
 - 5 speed ____ _
 - 6 turn ____ _
 - 7 work ____ _
- a increase the volume
 - b get faster
 - c reduce speed
 - d stop feeling stressed
 - e do some exercise
 - f feel in a better mood
 - g sing the words of the song at the same time

4 Complete the sentences with one word in each gap.

- 1 Please be quiet. I can't ____ on my homework!
- 2 That loud noise is ____ me from my work.
- 3 Things will get better. They'll ____ soon.
- 4 I need to ____ my stress levels and relax a little more.
- 5 Does music ____ how you feel?
- 6 I love that song. Please don't ____ the music down yet.

Vocabulary PLUS

5 Rewrite the phrases using compound adjectives (adjective + noun + -ed).

- 1 an animal with four legs

- 2 a girl with long hair

- 3 a child who behaves well

- 4 a person with pale skin

- 5 a woman with a big heart

- 6 a monster with one eye
