

Unit 4 Higher Test

Listening

1 [1.06] Listen to the interview. Complete the sentences. (10 marks)

- 1 If we experience stress for long periods, it can _____

- 2 Examples of food and drink that can reduce stress are _____

- 3 You should try concentrating on your breathing for about _____

- 4 Exercise is good for us because it _____

- 5 When Peter feels stressed, he _____

3 Complete the sentences. Write one word in each gap. (10 marks)

- 1 He's really down. How can I _____ him up?
- 2 Fast music _____ your heartbeat.
- 3 _____ the music down. It's too loud.
- 4 All this noise is _____ me from my work. I need silence.
- 5 She needs to _____ her handwriting. I can't read it!
- 6 Turn _____ the TV. No one is watching it.
- 7 Don't talk so fast. _____ down a bit!
- 8 These exam results will _____ her future, so she needs to do well.
- 9 You're too excited. _____ down!
- 10 To avoid accidents, you need to _____ on the road when you are driving.

Vocabulary

2 Choose the correct words. (5 marks)

- 1 I am so **annoyed** / **frightened** / **excited** / **relaxed** that he lied to me.
- 2 His behaviour was so **exciting** / **embarrassing** / **boring** / **relaxing**. I can't speak to him again.
- 3 Exams can be very **worried** / **annoyance** / **stressful** / **excitement**.
- 4 If I see a spider, I run away. I'm **surprised** / **afraid** / **stressed** / **angry** of them!
- 5 You could feel the **disgust** / **boredom** / **excitement** / **embarrassment** in the room. Everyone was smiling and clapping!

Language focus

4 Complete the sentences with **should**, **shouldn't**, **must**, **mustn't**, or **don't have to**. (8 marks)

- 1 They _____ come with me, but I would appreciate it if they did.
- 2 You _____ be in a moving car without wearing a seat belt. It's illegal.
- 3 She _____ tell that joke, because no one finds it funny.
- 4 We _____ finish work by 8 p.m. because the bus leaves at 8.10 p.m.
- 5 Experts say you _____ work out three times a week, but I don't agree with them.
- 6 You _____ come to the party, but I would like to see you there.
- 7 I think you _____ go to bed now, because you need to get up early tomorrow.
- 8 Julie _____ finish her project. If she doesn't, she will fail the course.

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5 Choose the correct words. (5 marks)

- 1 You **must** / **couldn't** / **can** / **can't** be hungry.
You haven't eaten for hours.
- 2 She **can** / **could** / **is able to** / **must** play the piano well when she was younger.
- 3 I **shouldn't** / **couldn't** / **can't** / **might** sing along unless you turn up the music.
- 4 He **has to** / **can** / **should** / **must** only concentrate when the TV is off.
- 5 He **may** / **must** / **has to** / **can** be annoyed when he hears about it, but I don't think he will be.

6 Cross out the mistakes and correct the sentences. Write one to four words. (12 marks)

- 1 You don't have to be late for school.

- 2 He can't concentrate in his exam yesterday.

- 3 We haven't got much food left, so we might go shopping.

- 4 She couldn't run tomorrow. She has hurt her leg.

- 5 Look! Jack could play tennis really well.

- 6 Simon doesn't have to listen harder in class.

Reading

Hi Stephanie – How are you? Sorry you couldn't make my party at the weekend. Lots happened ...

I told you that Mum and Dad finally agreed that I could have a party for my birthday. ¹____ So I was allowed to have a party, but only if I promised not to invite more than ten of my closest friends and it had to finish at eleven o'clock.

On the night of the party, Mum and Dad went out for the evening. ²____ We put some music on. Half an hour later, lots of people from school arrived. They had all heard about the party. Amy eventually admitted that she was so excited that she mentioned it on social media! ³____

By nine o'clock, there must have been over 70 people in the house. Someone kept turning up the music after I kept turning it down. Then people started singing along. ⁴____ What about the neighbours? What would Mum and Dad do?

Later, there was a knock at the door. It was our neighbour. I explained the situation. I was so embarrassed. ⁵____ Thankfully, she took control of the situation. She turned off the music and told all the uninvited guests to leave. By the time Mum and Dad came back there were just ten people, so they never knew about the problems. Phew!

Claire xx

7 Read the email. Match sentences A–E with gaps 1–5. (10 marks)

- A My friends arrived soon afterwards.
B I was surprised how sympathetic she was.
C I was really annoyed with her.
D They were worried we might upset the neighbours.
E I was so stressed by the noise.

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Communication

8 Complete the email. (5 marks)

Hi Sandra – I'm really sorry to ¹ _____ that you didn't pass your driving test. You must be feeling ² _____ up! But don't ³ _____ about it too much. It's not the end of the ⁴ _____. You can take your test again soon, and you'll probably pass it next time. Look on the ⁵ _____ side!

Love, Oliver xx

Writing

9 A friend of yours has lots of arguments with his brother. Write some advice for him. Use the plan to help you. Write 100–120 words. (10 marks)

Paragraph 1: Comment and sympathize.

Paragraph 2: Give him advice on what to do next.

Paragraph 3: Reassure him and wish him luck.

Total marks:

Listening _____ / 10 Vocabulary _____ / 15
Language focus _____ / 25 Reading _____ / 10
Communication _____ / 5 Writing _____ / 10
TOTAL _____ / 75

